



Let's Cook!



You want to make a Georgia Walks! Salsa recipe. Below are the ingredients needed for 4 servings.

Black Bean Salsa

Serves 4

Ingredients:

- 1 jar black beans, drained and rinsed
- 1 cup corn
- 6 sprigs green onions
- $\frac{1}{4}$ cup fresh cilantro
- 1 plum tomato
- 1 small red bell pepper
- 2 tablespoons of lime juice
- $\frac{1}{4}$ teaspoon salt
- $\frac{1}{4}$ teaspoon black pepper
- $\frac{1}{2}$ teaspoon cayenne pepper
- 2 tablespoon vegetable oil

1. If six people want to share the salsa, what fraction of a serving size would each person get?

Each person would get $\frac{4}{6}$ of a serving or $\frac{2}{3}$ of a serving.

2. If you doubled the recipe and then six people decided to share the salsa, what fraction of a serving would each person get?

Each person would get $\frac{8}{6}$ of a serving or $1 \frac{1}{3}$ of a serving

3. If you only wanted to make half of the recipe, how many cups of corn would you need? Tablespoons of vegetable oil? Cups of fresh cilantro?

You would need $\frac{1}{2}$ cup of corn, 1 tablespoon of vegetable oil, and $\frac{1}{8}$ cup of cilantro.

4. If you wanted to double the recipe, how many tomatoes would you need? Teaspoons of black pepper? Teaspoons of cayenne pepper?

You would need 2 tomatoes, $\frac{1}{2}$ teaspoon of black pepper, 1 teaspoon cayenne pepper

5. If there is $\frac{1}{4}$ teaspoon of salt in 4 servings, how many teaspoons of salt would be in 12 servings?

$\frac{1}{4} + \frac{1}{4} + \frac{1}{4} = \frac{3}{4}$ teaspoons in 12 servings.

6. If there is $\frac{1}{2}$ teaspoon of cayenne pepper in 4 servings, how many would be in 16 servings?

$\frac{1}{2} + \frac{1}{2} + \frac{1}{2} + \frac{1}{2} = 2$ teaspoons

Below is the nutritional info for one serving of salsa.

Nutritional Information (per serving)

- 185 calories
- Carbohydrates: 25.30 grams
- Fat: 7.25 grams
- Saturated Fat: 0.57 grams
- Protein: 7.19 grams
- Cholesterol: 0 mg
- Fiber: 6.58 grams
- Sodium: 164 mg

If this is the nutritional information for one serving,

- a. How many calories are in the whole recipe?

$$185 \times 4 = 740 \text{ calories}$$

- b. How many carbohydrates are the whole recipe?

$$25.30 \times 4 = 101.2 \text{ grams}$$

- c. How many grams of fat are in the whole recipe?

$$7.25 \times 4 = 29$$