



Name _____

Practicing Food Safety

This learning activity aligns and contributes to the achievement with National Health Education Standards 1 and 7 and GEORGIA PERFORMANCE STANDARDS HE6.1, HE6.5, HE6.7, HE7.1, HE7.5, and HE8.7.

DIRECTIONS: *Read the paragraphs. Then answer the questions.*

Monica likes to help her father in the kitchen. On Monday she decided she would make Tuesday's lunches. She took out turkey, mayonnaise, and bread for sandwiches, and placed the items on the counter. She made the sandwiches, wrapped them in plastic wrap, and left them on the counter so she and her dad would see them the next morning. Then she placed the turkey and mayonnaise back in the refrigerator and placed the unused slices of bread back in its package.

Monica also made a small fruit salad. She took some strawberries and two oranges from the refrigerator. She cut the stems from the strawberries and sliced them. She peeled the oranges and divided them into sections. Next, she mixed up the fruit and divided the mixture into two airtight plastic containers. She placed the containers next to the sandwiches.

1. Name three things Monica did that show she was thinking about food safety.

2. Name three things Monica did not do that she should have done to practice food safety.

3. Write two or more sentences that tell what might happen next and why.
